



Kuk Sool Won™ of Ontario Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-7:00am Cardio Wake-up Class		6:00-7:00am Cardio Wake-up Class			
	9:00 - 10:00 Morning Class All Ranks All Ages		9:00 - 10:00 Morning Class & Home School Program		9:00am Under Belt Testing Monthly
4:30 - 5:00 Tiny Tigers		4:30 - 5:00 Tiny Tigers			11:00am Quarterly Black Belt Testing Jan - April July - Oct
5:00 - 5:30 Little Dragons		5:00 - 5:30 Little Dragons			
5:30 - 6:15 Beginner Children's Class		5:30 - 6:15 Beginner Children's Class			Sunday 11:00 - 12:30 P.E.R.K.s Class Adult Review
6:15 - 7:00 Advanced Children's Class	6:00 - 7:00 Evening Class "Family Class" All Ranks and Ages	6:15 - 7:00 Advanced Children's Class	6:00 - 7:00 Evening Class "Family Class" All Ranks and Ages		
7:00 - 8:00 Teen and Adult Class All Ranks	7:00 - 7:50 Tuesday Specialty Class	7:00 - 8:00 Teen and Adult Class All Ranks	7:00 - 7:45 Sparring Class All Ranks All Ages		
8:00 - 8:30 Black Belt Class					